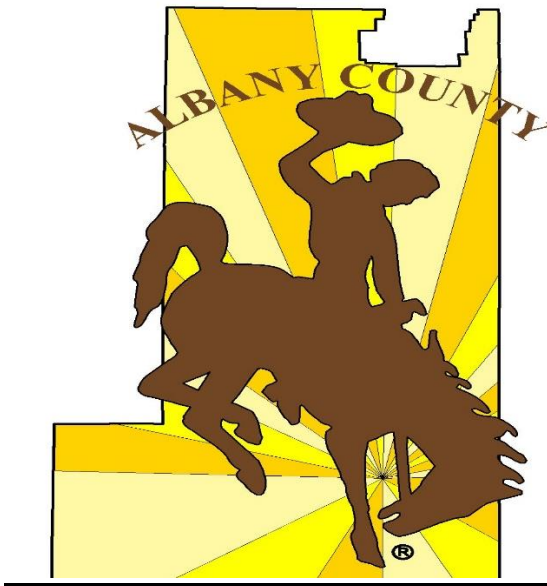


# **ALBANY COUNTY**

## **Court Supervised Treatment Program**



## **PARTICIPANT HANDBOOK**

*Please note that this handbook is a living document and is subject to change at any time.*

## **Introduction**

The Albany County Court Supervised Treatment Program (Drug Court) is a Substance-Use Disorder program, which includes treatment paired with supervised probation. The Program is for individuals struggling with substance use issues and is an alternative to jail.

## **Program Team**

The program team consists of the following: The Court Supervised Treatment Judge, Director of Specialty Courts, Case Manager, Deputy County Attorney, Treatment Provider, Probation Agent, Peer Specialist, Defense Attorney, and Deputy from the Sheriff's Office.

## **Program Entrance Requirements**

- 18 or older and a resident of Albany County
- Be charged with a current substance related offense or an offense in which substance abuse is determined to have been a factor
- Complete application packet
- Meet with Program Team Members for intake interview
- Meet with Foundations Treatment for substance use abuse evaluation

## **Program Requirements**

- Being respectful and cooperative with Treatment, Probation, Case Manager, and Peer Specialist
- Be willing to address moderate and high risk need areas identified through evidence-based assessment tools
- Court attendance Thursdays at 3:30 pm in the Albany County Circuit Court
- Submit to frequent substance testing (urine, saliva, and/or breath)
- Minimum of 30 hours per week of work or school with verification at least monthly
- Comply with individualized case planning
- Comply with phase requirements (curfew, approved visitors, weekly schedules, community service, etc.)
- Participation in a sober network (AA, NA, Smart Recovery)
- Payment of court fines/fees
- Monthly \$75 program fee
- Attend mandatory CST events as directed
- Comply with all other requirements not listed above

## **Court Dress Code**

- Participants must be dressed appropriately for court (no jeans with holes, t-shirts, flip-flops, etc.)
- Appropriate dress examples include collared shirt, blouse, pants or skirt in good repair, and shoes
- If you need help finding appropriate clothes for court, please see your case manager or peer specialist.

## **Completion of the Program**

- Upon completion, participant will receive a certificate showing successful completion.
- Failure to complete the program will result in the participant returning to their originating court for possible imposition of underlying sentence.

## Program Compliance

- Positive progress can result in individualized incentives
  - **Incentives** may include but are not limited to verbal praise from the Judge, recognition in court, extended privileges, special requests, and gift cards.
- Failure to meet program requirements will result in individualized sanctions
  - **Sanctions** may include but are not limited to written assignments, increased court appearances, community service, re-imposition of a schedule, electronic monitoring (paid for by participant), and jail time.

## **Introduction Phase**

- First week of program
- Identify or obtain stable housing
- All enrollment paper reviewed and signed with the Case Manager and/or Program Director
- Meet with Judge, Treatment, Probation, Case Manager, and Peer Specialist
- Begin search for employment, community service, or schooling (if needed)
- Obtain background paperwork for approved visitors
- No special requests
- Begin substance testing

## **Phase 1**

- Court every Thursday
- Minimum of 9 weeks (*based on progress with supervision and treatment*)
- IOP with Foundations (*3 three-hour groups and 1 hour of individual treatment*)
- Meet with Case Manager as directed
- Meet with Probation Agent as directed
- Submit weekly schedules
- 30+ hours of work/school/community service with verification provided
- Begin payment of court fines or payment agreement for fines/fees
- Random and frequent substance testing
- Random home visits
- Curfew 9:00pm – 6:00am
- Minimum 1 sober network meeting per week
- Attend mandatory CST events if directed
- 14 days sobriety before applying to Phase 2
- Monthly \$75 program fee – first month waived

## **Phase 2**

- Court every Thursday until released by Judge to 1<sup>st</sup> and 3<sup>rd</sup> Thursdays only
- Minimum of 9 weeks (*based on progress with supervision and treatment*)
- Individualized treatment with Foundations
- Meet with Case Manager as directed
- Meet with Probation Agent as directed
- 30+ hours of work/school/community service with verification provided
- Continued payment of court fines
- Random and frequent substance testing
- Random home visits
- Curfew 10:00pm – 6:00am
- Minimum 1 sober network meeting per week
- Attend mandatory CST events if directed
- 30 days sobriety before applying to Phase 3
- Monthly \$75 program fee



### **Phase 3**

- Court on the 2<sup>nd</sup> Thursday of every month
- Minimum of 9 weeks (*based on progress with supervision and treatment*)
- Individualized treatment with Foundations
- Meet with Case Manager as directed
- Meet with Probation Agent as directed
- 30+ hours of work/school/community service with verification provided
- Continued payment of court fines
- Random and frequent substance testing
- Random home visits
- Curfew 11:00pm – 6:00am
- Choice of
  - 1 sober network meeting per week and 20 hours of volunteering/skill-building throughout phase
  - 2 sober network meetings per week and 15 hours of volunteering/skill-building throughout phase
- Attend mandatory CST events if directed
- 45 days sobriety before applying to Phase 4
- Monthly \$75 program fee

## **Phase 4**

- Court on the 4<sup>th</sup> Thursday of every month
- Minimum of 9 weeks (*based on progress with supervision and treatment*)
- Individualized treatment with Foundations
- Meet with Case Manager as directed
- Meet with Probation Agent as directed
- 30+ hours of work/school/community service with verification provided
- Continued payment of court fines
- Random and frequent substance testing
- Random home visits
- Curfew 12:00am – 6:00am
- Choice of
  - 1 sober network meeting per week and 20 hours of volunteering/skill-building throughout phase
  - 2 sober network meetings per week and 15 hours of volunteering/skill-building throughout phase
- Attend mandatory CST events if directed
- 60 days sobriety before applying for Phase 5
- Monthly \$75 program fee

## **Phase 5**

- Court attendance optional
- Minimum of 16 weeks (*based on progress with supervision and treatment*)
- Individualized treatment with Foundations
- Meet with CST Team Members as directed
- 30+ hours of work/school/community service with verification provided
- Continued payment of court fines
- Random and frequent substance testing
- Random home visits
- No curfew
- Maintaining sober network recommended
- No special request form required unless ordered by probation
- CST events optional
- 120 days sobriety before applying for commencement
- Monthly \$75 program fee – last month waived

